GROWTH GUIDE

<u>For you. Your family. Your group.</u>

SERMON OUTLINE

Big Idea: A healthy church is where our living hope in Christ thrives.

Marks of a healthy church:

- 1. We respond to the Spirit fully. 1 Thess 5:19-22
- 2. We engage with the community faithfully. 1 Thess 5:23-28
- a. Blessing 1 Thess 5:23-24

b. Prayer 1Thess 5:25 c. Affection 1Thess 5:26 d. Scripture 1Thess 5:27 e. Gospel 1Thess 5:28

GROUP DISCUSSION

- 1. Looking back at your notes, is there anything you heard for the first time or something that caught your attention, challenged, or confused you?
- 2. In what practical ways do we "quench the Spirit"? Why is it important that we "test everything" and "hold fast what is good"?
- 3. Of all the commands from this passage and last week (12–22), which challenges you the most? How can you cultivate a heart posture of obedience in this area?
- 4. Paul's benediction, or prayer of blessing, is that God would work to wholly sanctify us. Often we're tempted to be satisfied with being relatively transformed. What keeps you from urgently praying for and pursuing complete sanctification in every area of your life?
- 5. How can you grow in the obvious display of supernatural affection for God's people? How might your growth in this area impact your gospel relationships?

BREAKOUT DISCUSSION

- 1. How might you know the God of peace more deeply as a result of yielding more fully to the Spirit's work of sanctification in your life?
- 2. Did you "abstain from evil" this past week? What safeguards are using to stay away from sin?

PRAYER POINTS

- 1. Pray that you would be aware of the Spirit's work in your life and that you not in any way "quench the Spirit".
- 2. Pray for the Spirit's help to stay away from every form of evil.
- 3. Pray for discernment as you use God's word to "test everything".