GROWTH GUIDE

For you. Your family. Your group.

SERMON OUTLINE
1. Know God. Psalm 62:1-2, 5-8, 11-12
2. Let go of control. Psalm 62: 3-4, 10
3. Desire eternal things. Psalm 62:1, 5, 9-10, 12
4. Remember the Prince of Peace

GROUP DISCUSSION
1. Looking back at the passage and your notes, what was something that you heard for the first time, caught your attention, challenged you, or you have questions about?

2. What circumstances does your peace tend to rely on? Why is it so tempting to pursue earthly things and immediate gratification over heavenly things?

3. What other characteristics of God help you to have peace? Use specific verses of Scripture to demonstrate that aspect of God.

4. How much time do you spend thinking on and reminding yourself of God's character and how that should change how you live? If you do well at that, how do you do that or what helps you? If you don't do that well, what's something that could help you dwell on those things more?

5. How can we find peace in difficult circumstances by surrendering control? How does insisting on control ourselves actually lead to less peace? What can we do when we recognize we feel like we need to be in control of a situation, person, outcome, etc.?

BREAKOUT DISCUSSION
1. Are you feeling more like the tottering fence, or the fortress this holiday season? At peace, or more anxious or stress? In light of your answer, how can the group be praying for you?

2. What can we do or what unique opportunities might we have to share the hope of Jesus with both believers and nonbelievers this Christmas season?

PRAYER POINTS
1. Pray for a changed heart that desires heavenly things more and earthly temporary things less.
2. Praise God for sending His Son the Prince of Peace not just for His glory, but for our peace.
3. Ask God for forgiveness for any ways you've been seeking peace primarily from anything other than Him.